



Strength-Based Assessment Tools

Working with children to explore their strengths and interests is foundational to creating the strength-based, talent-focused environment where twice-exceptional children thrive, and all children have the opportunity to develop their potential. Many tools and approaches exist to help with this exploration and understanding. In this “living” document, we’re gathering a list of resources to track and highlight these options. Inclusion in this list does not imply endorsement and we offer no warranty about the usefulness of the tools, but rather want to provide a comprehensive list of options for individuals and organizations to consider as they integrate a strength-based, talent-focused approach. Please email hello@reelpaloalto.org with any additional resources that should be added to this list.

Tool	Description	How to Access / Further Info
Bridges Strength-Based Assessment Lab	“At the heart of the Strength-based Assessment Lab lies a profound mission: To uncover and identify the strengths of those who are struggling in their current educational settings. To empower students, families, educators, and professionals to create positive, effective, and collaborative learning experiences. To foster a world where every student feels valued and is empowered to demonstrate their abilities and skills in a personal and meaningful manner. Our pioneering approach utilizes the meticulously developed Suite of Tools™ (SOT), a field-tested methodology that identifies and nurtures strengths, interests, and talents.”	https://bgs.edu/strength-based-assessment-lab/
CliftonStrengths Assessment	This assessment from Gallup is the most researched, most widely used strength-based tool in education (especially colleges). The company also provides teacher tools to apply the findings from the assessments with students. The tool will not identify interests, learning preferences, etc., but does help students gain insights into how they contribute to their own learning, success, and a team, as well as their preferences in doing so. This assessment can be taken by both teachers and students to set the stage for everyone to talk about and integrate their strengths.	https://www.strengthsquest.com/home.aspx
Exceptionally Engaged	“We help gifted, 2e, and neurodivergent individuals flourish in home, learning, and career environments that nurture them.”	https://www.exceptionallyengaged.com/
Buckingham StandOut Assessment"	“What makes you... you? Have you ever wished you could read minds? How do other people experience you? We all have certain traits that inform	https://www.tmbc.com/standout-assessment/

	how we tend to react in various situations. The StandOut Assessment captures those traits in 9 'Strength Roles' and reveals your Top 2 Roles. Knowing your Top 2 helps you take advantage of who you already are. When you lean into your natural tendencies, you show up at your best. And you can sidestep your worst — on purpose.”	
Linley Strengths Profile	“What are your Strengths? If you don’t know what your own or your people’s strengths are, your talent is not reaching its full potential. Join over 1 million people who have discovered their strengths with our world-leading Strengths Profile tool.”	https://www.strengthsprofile.com/
Renzulli Learning/Renzulli Profiler	This online tool helps students identify their interest areas, learning preferences, expression styles, and academic achievement. It does not focus on character/positive psychology strengths, but may provide better information about what will work best for students in the classroom setting. Renzulli Learning provides schoolwide reporting tools.	https://renzullilearning.com/en/Menus/13-the-renzulli-profiler
MIDAS		https://miresearch.org/
VIA Character Strengths (Signature Strengths) from Positive Psychology Center at UPenn	Based on extensive research on positive psychology, this online assessment profiles a person’s character strengths. Teacher and student versions are available. It is closely related to the PERMA theory of well-being .	https://www.viacharacter.org/
Armstrong Neurodiversity Strengths Checklist		https://www.institute4learning.com/2019/12/30/do-you-know-your-childs-strengths-here-are-165-possibilities/ https://www2.montgomeryschoolsmd.org/siteassets/district/departments/special-education/events/neurodiversity-strengths-checklist.pdf
Strength Assessment Inventory		https://www.strengthassessment.ca/
My Learning Strengths		https://mylearningstrengths.com/
Learnfully		https://learnfully.com/

Thrively		https://www.thrively.com/
My Way Expression Style Inventory	From University of Connecticut - a free worksheet that students use to identify their preferences for expressing themselves, including written, oral, artistic, computer, audio/visual, dramatization, musical, commercial (entrepreneurial), and service.	https://gifted.uconn.edu/wp-content/uploads/sites/961/2015/10/myway.pdf
Myers Briggs Type Indicator		https://www.themyersbriggs.com/en-US/Products-and-Services/Myers-Briggs
Enneagram Personality Test		https://www.truity.com/test/enneagram-personality-test
Principles You		https://principlesyou.com/
You Science (aptitudes and interests)	Lengthy, detailed, deep assessment of students' aptitudes and interests, leading to talent development for specific career certifications. This may not lend itself well to the beginning of school; however, it is worth exploring for targeted use, perhaps with specific students or older grades students, in career and college planning.	https://www.youscience.com/
VIEW: An Assessment of Problem Solving Style		https://www.viewassessment.com/
Schoolwide Enrichment Model (Renzulli & Reis)	Create authentic learning experiences and deeply observe students' strengths and interests	https://gifted.uconn.edu/schoolwide-enrichment-model/